

## RELEASE OF LIABILITY

In consideration of being given the opportunity to participate in any North Suburban Crew, US Rowing activity, including scheduled, supervised club activities, and register regattas, during the period 1/1/2024 – 12/31/2024, I for myself, my personal representatives, assigns, heirs and next of kin:

ACKNOWLEDGE, agree and represent that I understand the nature of Rowing Activities, both on the water and land based, and that I am qualified, in good health, and in proper physical condition to participate in such activity.

FULLY UNDERSTAND that: (a) Rowing activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death ('Risks'); (b) these risks and dangers may be caused by my own actions, or inactions, the actions inactions of others participating in the Activity, the condition in which the activity takes place, or the negligence of the Releasee named below; (c) there may be other risk and social and economic losses either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member of North Suburban Crew, US Rowing and that if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.

HERBY RELEASE, discharge, and covenant not to sue North Suburban Crew, US Rowing, the Cub, the Regatta, their administrators, directors, agents, officers, volunteers & employees, other participating regatta organizers, and sponsors, advertisers, and if applicable, owners and lessors or premises, on which the activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damage on my account caused or alleged to be caused in whole or in part by negligence of the Releasee or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of wish, and indemnity against any of the Releasees, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as a result of such claim, to the fullest extent to the law.

I have read this agreement (Release of Liability), fully understand its terms, understand that I have given up substantial rights and have done so freely and without any inducement or assurance of any nature and intend it to be complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of the agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

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Releasee / Participant Signature

Date

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Releasee / Participant PRINTED NAME

Date

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Parent/Guardian Signature (if Participant is under 18)

Date

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Parent/Guardian Signature (if Participant is under 18) PRINTED Date

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